

# National Wound Care Strategy Programme

Excellence. Every Patient. Every Time.

# National Wound Care Core Capabilities Framework for England



## Acknowledgements

This framework was commissioned by the National Wound Care Strategy Programme.

Development of the framework was guided by an expert group chaired by Dame Christine Beasley. Project management was provided by Danielle Fullwood (Health Education England), Colin Wright (Skills for Health) and Hilary Wyles (Skills for Health).

We are extremely grateful to members of the expert group for providing their guidance, expertise and support. The expert group included representatives of the following organisations<sup>1</sup>:

Academic Health Science Network Birmingham City University East of England Ambulance Service NHS Trust Gloucestershire Health and Care NHS Foundation Trust Health Education England Hertfordshire Community NHS Trust Homerton University Hospital NHS Foundation Trust Lincolnshire Community Health Services NHS Trust Mid Yorkshire Hospitals NHS Trust NCS Wound care Consulting Ltd Royal College of Nursing Royal College of Podiatry Skills for Care Skills for Health The Grove Medical Centre The Old Links Surgery The Queen's Nursing Institute University Hospitals Birmingham NHS Foundation Trust University of Huddersfield

In addition, we would like to thank the many people who provided comments and feedback on drafts of the framework during the project and particularly the 585 respondents to the online consultation survey.

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<sup>&</sup>lt;sup>1</sup> See Appendix 3

### Equality and Health Inequalities Statement

Promoting equality and addressing health inequalities are at the heart of our values. Throughout the development of the policies and processes cited in this document, we have:

- Given due regard to the need to eliminate discrimination, harassment and victimisation, to advance equality of opportunity, and to foster good relations between people who share a relevant protected characteristic (as cited under the Equality Act 2010) and those who do not share it; and
- Given regard to the need to reduce inequalities between individuals in access to, and outcomes from healthcare services and to ensure services are provided in an integrated way where this might reduce health inequalities.

## Contents

| Foreword   | 5  |
|--|----|
| Statements of support  | 6  |
| Introduction   | 8  |
| How to use this framework  | 11 |
| Glossary   | 12 |
| Domain A. Underpinning principles<br>Capability 1. Underpinning principles |    |
| Domain B. Assessment, investigations and diagnosis                         | 17 |
| Capability 2. Assessment and investigations<br>Capability 3. Diagnosis     | 18 |
| Domain C. Wound care   | 24 |
| Capability 4. Care planning  | 25 |
| Capability 5. Wound care and interventions                                 | 27 |
| Capability 6. Referrals and collaborative working                          | 30 |
| Domain D. Personalised care and health promotion                           | 33 |
| Capability 7. Communication  | 34 |
| Capability 8. Personalised care  | 37 |
| Capability 9. Prevention, health promotion and improvement                 | 40 |
| Domain E. Leadership & management, education and research                  | 43 |
| Capability 10. Leadership and management                                   | 44 |
| Capability 11. Education   | 47 |
| Capability 12. Research, audit and quality improvement                     | 50 |
| Appendix 1. How the framework was developed                                | 53 |
| Appendix 2. References   | 54 |
| Appendix 3. Expert group membership  | 56 |

## Foreword

#### **Baroness Watkins of Tavistock**

## Chair, National Wound Care Strategy Programme Board

There are estimated to be 3.8 million people living with a wound<sup>2</sup>, many experiencing long-term pain, discomfort and poor quality of life related to their wound. Too often, inadequate care means that people with wounds suffer for longer than is necessary.



Evidence points to marked unwarranted variation in UK wound care services, underuse of evidence-based practices and overuse of ineffective practices<sup>3</sup>.

For those caring for people with wounds, poor healing rates increase the demand on scarce resources. The annual NHS cost of wound management is estimated to be £8.3 billion and includes 54.4 million district/community nurse visits, 53.6 million healthcare assistant visits and 28.1 million practice nurse visits<sup>4</sup>.

Improving wound care offers major opportunities to improve the quality of chronic wound care through innovative solutions that will improve wound healing, improve patient experience and quality of life, prevent harm, increase productivity of staff, and produce financial savings in line with the requirements of the recent NHS Long Term Plan.

Good wound care rests on addressing the interdependencies between the different health and care professionals caring for people with wounds. Although wound care is often perceived as primarily a nursing issue, non-healing or skin breakdown is usually due to underlying co-morbidities. All members of the team caring for people with wounds need to be able to recognise their role in wound management, know how to take appropriate action and how to support patients in their wound care.

This framework sets a standard for all levels of the multi-professional workforce involved in wound care, whether as a gatekeeper to more specialised service, as an expert clinician working within such services, or as someone providing initial or ongoing wound care. It supports practitioners in developing and providing evidence of their knowledge and skills, enabling the highest standards of practice as well as providing a structure for career and role development within wound care.

Thank you to all those contributed to the development of this framework.

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<sup>&</sup>lt;sup>2</sup> BMJ Open (2020), Cohort study evaluating the burden of wounds to the UK's National Health Service in 2017/2018: update from 2012/2013, Guest JF, Fuller GW, Vowden P: <u>https://bmjopen.bmj.com/content/10/12/e045253</u>

<sup>&</sup>lt;sup>3</sup> BMJ Open (2018), Opportunities for better value wound care: a multiservice, cross-sectional survey of complex wounds and their care in a UK community population, Gray TA, Rhodes S, Atkinson RA, Rothwell K, Wilson P, Dumville JC et al <u>https://bmjopen.bmj.com/content/8/3/e019440</u>

<sup>&</sup>lt;sup>4</sup> Op Cit see 2 above.

### Statements of support



Chronic wounds are a significant burden and can impact greatly on a person's quality of life. The number of people in England with a chronic wound is increasing year on year so it is crucial that every health and care practitioner has the knowledge and skills to provide these people with the right care, wherever they are. We must develop wound care expertise across the entire health and care workforce, building knowledge and skills in line with individuals' scope of practice.

Health Education England is proud to be part of the development of the National Wound Care Core Capabilities Framework for England, the first multi-professional framework of its kind. It sets out the knowledge and skills needed across the workforce to deliver wound care safely, to improve healing rates and to impact positively on the experience of people with a wound.

#### Professor Mark Radford, PhD, RN

## Chief Nurse, Health Education England & Deputy Chief Nursing Officer for England



The Royal College of Nursing welcomes this important work. This skills framework is an opportunity to clarify roles and responsibilities in what can be a complex clinical situation. The human and financial cost of poor wound care is significant and can have long lasting consequences. This framework, by defining the skills and knowledge required by members of the wider Multi-Disciplinary Team (MDT), will help drive up standards of wound care in all settings.

The Royal College of Nursing is proud to support this comprehensive framework and acknowledges the benefits for not only nurses but the wider MDT.

#### **Jude Diggins**

Interim Director of Nursing, Policy and Public Affairs, Royal College of Nursing



The impact on quality of life for people living with a wound can be huge. At a population level, the number of people living with a wound continues to increase and the expertise of the nurse in supporting healing has never been more vital. District Nurses and their teams in community healthcare are at the forefront in delivering complex care in the home, and wound care is a significant part of their work, requiring a range of expert, specialist skills.

The National Wound Care Core Capabilities Framework for England is therefore to be welcomed for its clear and comprehensive synthesis of the key elements involved in evidence-based, high quality wound care. Embedded into community health services it has the potential to drive improvements in the way that wounds are managed and treated, promoting healing and transforming quality of life.

#### **Dr Crystal Oldman CBE**

#### Chief Executive, The Queen's Nursing Institute

From a clinician and a carer "Since looking after my mum who has required input with wound care it has opened my eyes to the variability in wound care and this document can only help with improving the quality and consistency in wound care so I'm proud to have been part of that".

## Introduction

This framework was commissioned by the National Wound Care Strategy Programme.

The National Wound Care Strategy Programme was established to enable care that is organised and research-informed, to achieve improved healing rates, better experience of care, greater cost-effectiveness and prevent incidence and recurrence. Education forms a major part of this national programme with one of the aims to develop core capabilities for health and care practitioners, that will both improve care and promote supported self-management.

Wound care in England is thought to cost approximately £8.3 billion per annum<sup>5</sup>. There is marked unwarranted variation in treatment of wounds, with underuse of evidence-based practice and overuse of ineffective interventions. Non-healing or delayed healing of wounds is a major factor in care costs and many of these wounds could be prevented or healed more quickly.

People with wounds are cared for across health and care settings and services. There is currently variation in wound care related knowledge and skill across the health and care workforce, with pockets of expertise found in specialist and community services. To ensure that someone with a wound receives the care they need it is necessary for all health and care practitioners to have wound care related knowledge and skill. To enable this, it is necessary to define the knowledge and skills needed by the multi-professional workforce at all levels.

Alongside the standards set by professional bodies for those entering the registered professions, there are many useful documents which have been developed to inform wound care practice. Many of these are for single professions, for single types of wounds and/or for specific levels of practice.

This National Wound Care Core Capabilities Framework for England is designed to be a single, consistent and comprehensive framework, developed by and for a multiprofessional audience, only a few of whom usually work within a designated and defined Tissue Viability Service. It has been designed to complement existing documents rather than to replace them. Relevant wound care specific frameworks and other relevant materials have been referenced throughout this framework document.

Development of this framework was guided by an expert steering group chaired by Dame Christine Beasley. Project management and support for the development was provided by Health Education England and Skills for Health.

<sup>&</sup>lt;sup>5</sup> Op cit, see 2 above

#### Scope of the Framework

The Wound Care Core Capabilities Framework for England contains the core capabilities which identify and describe the skills, knowledge and behaviours required to deliver high quality, personalised wound care for adults, children and young people.

The Core capabilities are described in **three tiers** and a practitioner working in a health or care setting, may move between these tiers depending on their role, setting or circumstances.

- **Tier 1:** Capabilities that require a general knowledge and understanding of wound care and the skills which support the provision of that care.
- **Tier 2:** Capabilities that enable the provision of wound care independently and with a degree of critical analysis.
- **Tier 3:** Capabilities that require a high degree of autonomy and complex decision making, an ability to lead wound care practice, enabling innovative solutions to enhance people's experience and improve outcomes.

The capabilities are "cumulative"; therefore, a health or care practitioner working at Tier 3 will be able to demonstrate the capabilities at Tier 1 and Tier 2 as well as those at Tier 3. Please refer to the Glossary on page 11 of this document for a definition of "capabilities".

It is important to note that the Tiers do not relate to specific roles or pay grades. For example, it is possible that a consultant level doctor who has little involvement in wound care may only require knowledge and skill as defined in Tier 1. However, a healthcare support worker in a residential care setting with people at high risk of pressure damage or co-morbidities that increase the risk of delayed healing may require more in-depth knowledge and skills as defined in Tier 2.

The framework has been designed to cover all health and social care settings. It is up to the practitioner and their employer to determine which tier of knowledge and skills they need to achieve within their current role. Individual practitioners may not necessarily be able to demonstrate all capabilities at any given Tier; their role and its scope may require them to develop some capabilities at Tier 1 and some at Tier 2 for example. However, wound care services within a given area/locality should be organised in such a way that the full range of capabilities at all three Tiers can be demonstrated by the workforce as a whole. This framework does not replace local arrangements for service provision, for example with respect to referral pathways and the composition of multi-disciplinary teams.

#### Structure of the framework

The framework is presented in five domains. Within the domains are a total of 12 capabilities. The capabilities are numbered for ease of reference - this does not indicate a prescribed pathway, process or hierarchy. Each of the capabilities (skills, knowledge and behaviours) within this framework are described for each of the three tiers.

| Domain | Domain Title                                       | Topic/Capabilities  |  |
|--------|--|---|--|
| A      | Underpinning principles                            | 1. Underpinning principles  |  |
| В      | Assessment, investigation and diagnosis            | <ol> <li>Assessment and<br/>investigations</li> <li>Diagnosis</li> </ol>  |  |
| С      | Wound care   | <ol> <li>Care planning</li> <li>Wound care and interventions</li> <li>Referrals and collaborative working</li> </ol>        |  |
| D      | Personalised care and health promotion             | <ol> <li>Communication</li> <li>Personalised care</li> <li>Prevention, health promotion<br/>and improvement</li> </ol>      |  |
| E      | Leadership & management,<br>education and research | <ul><li>10. Leadership &amp; management</li><li>11. Education</li><li>12. Research, audit and quality improvement</li></ul> |  |

### How to use this framework

#### Service commissioners

The framework enables commissioners of services to specify minimum standards for employment in heath and care settings where wound care is provided; it sets out clear expectations about what staff need to do.

The capabilities support the development and planning of the workforce to meet local population need and support a common understanding and expectation of staff working in relevant settings.

#### **Employers**

The framework enables employers and managers to demonstrate that staff they employ/manage meet core capabilities or have developmental plans in place along with supervision to ensure patient safety and meet the needs of individuals.

This underpins and supports the need for continuing professional development of staff to ensure their practice is safe, effective, remains up-to-date and supports the process of quality assurance to ensure the safety and effectiveness of nursing roles.

It can be used as part of appraisal processes.

It can be used to review and recognise how capabilities are shared across teams.

#### Education and training providers

Although this framework is not a curriculum or a syllabus, education institutions can use the framework to inform the design of their curricula and the delivery of education, training, and development programmes, including identifying learning outcomes. This will ensure that their learning and development provision contributes to the full range of knowledge to support the capabilities required to make individuals safe and effective member of the workforce.

The framework will inform those who design and deliver training and development opportunities to focus on the key capabilities that learners need to achieve and maintain. This in turn, will guide the content to be included and the use of appropriate learning and teaching strategies.

Use of this national framework also supports organisational and system wide effectiveness and efficiencies by encouraging the delivery of education and training that is focused on developing core capabilities and optimises opportunities for interprofessional learning; focussed on outcomes-based curricula which equips individuals with the attributes required to meet the needs of the population.

In so doing, it should help to increase consistency in knowledge and skills development, prevent unnecessary duplication in education and training delivery and strengthen skill mix and teamworking.

#### Managers and supervisors

The framework will assist clinical supervisors and others by providing a clear structure against which to assess.

## Glossary

Within this framework, these terms have the following meanings:

#### Advanced clinical practice

A level of practice delivered by experienced, registered health and care practitioners and characterised by a high degree of autonomy and complex decision making. Advanced clinical practice is underpinned by a master's level award or equivalent that encompasses the four pillars of clinical practice, leadership and management, education and research, with demonstration of core capabilities and area specific clinical competence (Health Education England 2017 <sup>6</sup>). Advanced practitioners have developed advanced skills and knowledge to allow them to take on expanded roles and scope of practice.

#### **Capabilities and Competences**

The terms 'competences' and 'capabilities' are both widely used in educational and workforce development literature.

The Oxford English Dictionary definitions for both terms include 'the ability to do something'.

Due to the similarity of these terms, they have often been used interchangeably, with little clear distinction between the two. Both require knowledge, skills and behaviours.

However, in recent years there has been a move towards making a distinction which can be summarised as follows:

**Competences** are standards of performance, focused on the outputs of work and observable performance. Competences include the ability to transfer and apply skills and knowledge to a range of situations/contexts but they usually tend to describe practice in stable environments with familiar problems. To be competent is to consistently perform to the standards required in the workplace.

**Capabilities** are the attributes (skills, knowledge and behaviours) which individuals bring to the workplace. This includes the ability to be competent and beyond this, to manage change, be flexible, deal with situations which may be unpredictable and continue to improve performance.

There is inevitably a great deal of overlap between Competences and Capabilities. Both Competences and Capabilities:

- are about 'what people can do'
- describe knowledge, skills and behaviours
- can be the outcome of education, training or experience.

<sup>&</sup>lt;sup>6</sup> Health Education England (2017), Multi-Professional Framework for Advanced Clinical Practice in England: <u>https://www.hee.nhs.uk/our-work/advanced-clinical-practice</u>

However, for the purposes of this framework we are using the term 'Capabilities' as this describes the potential to be competent, and beyond this, to work effectively in situations which may require flexibility and creativity in order to produce an outcome.

The capabilities in this framework have been designed to support education and development and they are not intended to form a summative list of competence against which the performance of an individual is assessed.

#### Communication

This covers all methods of communication (written, visual, verbal, non-verbal).

#### Health and care practitioner

An individual who is delivering care to a person with a wound. It may well be that the term 'practitioner' does not appear in their job or role title but the 'practitioner' will have had education or training in relation to wound care and will be delivering wound care within their scope of practice. A 'practitioner' in this context is a person actively engaged in the health or care professions or is a part of a professional group/team; they may work in any health or care setting such as a residential care home, GP practice, an NHS Trust, Primary care etc.

#### Wound

A simple wound: a single wound which heals spontaneously (without clinical intervention) in the absence of any factors which can affect wound healing.

A complex wound: one or more wounds where there are underlying factors which can make healing difficult and which require clinical intervention.

## Domain A. Underpinning principles

#### Introduction

The capabilities within this Domain underpin all other capabilities within this framework. They describe the underpinning knowledge, skills and behaviours applicable to health or care practitioners at each Tier. These underpinning capabilities should be read in conjunction with and applied to all other capabilities within the framework. These capabilities are fundamental and generic; they underpin all practice relating to the care and treatment of a person with a wound.

Wound care should be integrated across health and social care services as well as into an individual's overall care requirements.

The use of evidence-based practice, the evaluation of new models of wound care and dissemination of learning are of fundamental importance. The increased application of new technologies within wound care practice and management means that there will be a requirement for the development of digital literacy skills across the whole workforce.

| Tier 1   | Tier 2 (Tier 1 plus the following)   | Tier 3 (Tier 2 plus the following)   |
|--|--|--|
| The health or care practitioner will:  | The health or care practitioner will:  | The health or care practitioner will:  |
| <ul> <li>Adhere to local protocols, policies,<br/>guidelines and relevant regulatory<br/>frameworks relating to wound care<br/>and treatment.</li> </ul> | <ul><li>a) Critically reflect on how own values,<br/>attitudes and beliefs might influence<br/>one's professional behaviour.</li><li>b) Respond promptly to requests for</li></ul> | a) Actively participate in the development<br>and implementation of local wound<br>care and treatment protocols, policies<br>and guidelines. |
| <ul> <li>b) Understand that one's own values,<br/>attitudes and beliefs might influence<br/>one's professional behaviour.</li> </ul>                     | advice and support, take advice as<br>appropriate and, if necessary, escalate<br>a matter or make a referral as  | <ul> <li>b) Act as a role model, inspiring and<br/>enabling others by their standards of<br/>practice and behaviours.</li> </ul>             |
| c) Demonstrate the application of knowledge and skills within the scope of their practice.   | <ul><li>appropriate.</li><li>c) Support and facilitate learning and practice development.</li></ul>  | <ul> <li>c) Lead new practice and service<br/>redesign solutions with others in<br/>response to feedback, evaluation, data</li> </ul>        |
| <ul> <li>d) Know when to seek advice or support<br/>and when a matter should be<br/>escalated as appropriate (ideally to a</li> </ul>                    | <ul> <li>d) Promote effective team working and<br/>value the importance of working<br/>collaboratively and establishing</li> </ul>   | analysis and workforce and service<br>need, working across boundaries and<br>broadening sphere of influence.                                 |
| more advanced wound care practitioner).  | networks to deliver effective wound care and treatment.  | <ul> <li>d) Make direct referrals in a timely<br/>manner as indicated by peoples'<br/>needs with regard for referral criteria.</li> </ul>    |
| e) Constructively question or challenge<br>practice within their scope of practice<br>and demonstrate receptiveness to<br>challenge.                     | e) Actively seek and be positively responsive to feedback.   | <ul> <li>e) Actively seek and be open to feedback<br/>on own practice by colleagues to<br/>promote ongoing development.</li> </ul>           |
| <ul> <li>f) Work effectively within and across teams and networks.</li> </ul>  |  | <ul> <li>f) Reflect on and address appropriately<br/>ethical/moral dilemmas encountered</li> </ul>   |

## Capability 1. Underpinning principles

| Tier 1   | Tier 2 (Tier 1 plus the following) | Tier 3 (Tier 2 plus the following)  |
|--|------------------------------------|---|
| g) Obtain informed consent from a person with a wound, or from their   |                                    | during one's own work which may impact on wound care and treatment.   |
| representative, prior to carrying out investigations or interventions.   |                                    | <ul> <li>g) Advocate equality, fairness and<br/>respect for people and colleagues in</li> </ul>   |
| h) Make use of learning and  |                                    | one's day to day practice.  |
| development opportunities, including<br>supervision/mentoring, to ensure that<br>their skills and knowledge are up to<br>date. |                                    | <ul> <li>h) Promote and utilise supervision for self<br/>and others to support and facilitate<br/>learning and professional<br/>development.</li> </ul>                       |
| <ul> <li>Keep up to date with statutory and<br/>mandatory training requirements.</li> </ul>                                    |                                    | <ul> <li>i) Initiate effective multi-disciplinary team<br/>and network activity as a lead member<br/>and understand the importance of<br/>effective team dynamics.</li> </ul> |
|  |                                    | <ul> <li>j) Proactively work across organisational<br/>and professional boundaries to<br/>enhance and improve health<br/>outcomes and experiences.</li> </ul>                 |

## Domain B. Assessment, investigations and diagnosis

#### Introduction

Wound care is an expensive area of treatment. The importance of understanding and being able to conduct wound assessment and investigations to inform accurate diagnosis and treatments is essential in ensuring the use of appropriate costeffective and evidence-based interventions which lead to better health outcomes.

Service redesign and the introduction of new roles mean that a joined up and multiprofessional approach to wound care is required, rather than an over reliance on specialist tissue viability practitioners. Wound assessment, investigations and diagnosis (and subsequent treatment) will often take place in settings where there is no easy access to a specialist tissue viability practitioner. Therefore, other health care practitioners need to develop accurate wound assessment skills and understand the complexities of wound assessment to be able to effectively plan, implement and evaluate care for people with wounds.

Without appropriate assessment and diagnosis, care will be sub-optimal leading to delayed healing, discomfort for the individual, increased risk of infection, inappropriate use of wound dressings, and a reduction in a person's quality of life. Developing the capabilities of all members of a multi-disciplinary team in relation to assessment, investigations and diagnosis is of great importance.

The importance of holistic assessment of person with a wound and a personalised approach to wound care are recurring themes which underpin this framework.

| Tier 1   | Tier 2 (Tier 1 plus the following)   | Tier 3 (Tier 2 plus the following)   |
|--|--|--|
| <ul> <li>The health or care practitioner will:</li> <li>a) Have an awareness of the anatomy and physiology of the skin and the importance of maintaining its integrity.</li> <li>b) Have an awareness of the types of wound a person may have (including pressure ulcers, lower limb wounds, surgical wounds and others that are relevant within their scope of practice) and the risk factors that may prevent or delay wound healing.</li> <li>c) Have an awareness of the nature and importance of holistic assessment.</li> <li>d) Accurately observe and document the colour, size, location, duration and other relevant wound parameters</li> </ul> | <ul> <li>The health or care practitioner will:</li> <li>a) Understand the anatomy and physiology of the skin, the importance of maintaining its integrity and the range of wound care investigation and assessment techniques relevant to their scope of practice.</li> <li>b) Be able to carry out a holistic assessment of the person with a wound, including comorbidities, histories (medical, surgical and psychosocial) and medications.</li> <li>c) Be able to conduct appropriate clinical tests, such as ABPI and TBPI, using relevant equipment and techniques, and escalate for interpretation and/or concerns as appropriate.</li> <li>d) Be able to request and interpret a range of investigations to inform a diagnosis.</li> </ul> | <ul> <li>The health or care practitioner will:</li> <li>a) Demonstrate a critical understanding of the anatomy<br/>and physiology of the skin, the implications of<br/>underlying conditions and the range of wound care<br/>investigation and assessment techniques relevant to<br/>their scope of practice.</li> <li>b) Undertake structured consultations so that individuals<br/>with wounds are encouraged to express their beliefs,<br/>ideas, concerns, expectations and understanding using<br/>active listening and open questioning techniques.</li> <li>c) Gather and synthesise complex and sensitive<br/>information from appropriate sources, including<br/>previous histories, medications, risk factors and<br/>assessments, in partnership with the individual and<br/>relevant others to facilitate person-centred and holistic<br/>assessment.</li> <li>d) Conduct systematic assessments of clinical status and<br/>use other relevant assessments to enable complex<br/>differential diagnosis and to explore the impact of the<br/>condition on an individual's general health, mental well-<br/>being, employment status and functional and<br/>meaningful activities including physical activity.</li> </ul> |

## Capability 2. Assessment and investigations

| Tier 1  | Tier 2 (Tier 1 plus the following)  | Tier 3 (Tier 2 plus the following)   |
|---|---|--|
| <ul> <li>to ensure that the risks to a person with a wound are managed and further harm is prevented.</li> <li>e) Make an accurate record of a wound assessment they have carried out.</li> <li>f) Be able to carry out an appropriate test, such as a wound swab (under instruction if that is required).</li> </ul> | <ul> <li>e) Make appropriate referrals for advice and reassessment.</li> <li>f) Understand pharmacological and non-pharmacological approaches to the management of wounds.</li> <li>g) Communicate the results of assessments to appropriate members of the multi-disciplinary team.</li> </ul> | <ul> <li>e) Critically appraise information obtained, taking account of the potential associated conditions, indicative of serious pathology, compounded by psychological and mental health factors, and affected by lifestyle factors (including smoking, alcohol and drug misuse).</li> <li>f) Apply a range of physical assessment techniques appropriately, systematically and effectively, informed by an understanding of the respective validity, reliability, specificity and sensitivity of these assessments and techniques along with the implications of these limitations within an assessment.</li> <li>g) Develop and utilise processes for requesting and interpreting investigations and tests which support good clinical governance.</li> <li>h) Provide expert opinion on wound assessment and treatment programmes and support the development of local, evidence-based wound assessment and treatment programmes, and facilitate colleagues' learning and development.</li> <li>i) Proactively identify the need for clinical or service innovations to effectively assess and treat wounds and take a leading role designing and implementing these innovations.</li> </ul> |

General guidance and references are shown in Appendix 2. Guidance or resources with specific relevance to this capability are shown below:

- Health Education England (2021), Multi-Professional Advanced Capabilities Framework for Lower Limb Viability: <u>www.skillsforhealth.org.uk/LowerLimbframework</u>
- Health Education England (accessed 2021), Standards for the Foot Health Workforce (Consultation draft): <u>https://www.hee.nhs.uk/our-work/allied-health-professions/education-employment/consultation-draft-standards-foot-health-workforce</u>
- Society of Vascular Nurses (2014), Advanced Vascular Nurse Competencies: <u>http://www.svn.org.uk/wp-content/uploads/2014/12/SVN-advanced-compet-final-version.pdf</u>
- Tissue Viability Leading Change Competency Framework: <u>http://www.urgo.co.uk/387-tvlc-competency-framework</u>
- TRIEPodD-UK (2019), Capability Framework for Integrated Diabetic Lower Limb Care: <u>https://www.wounds-uk.com/resources/details/capability-</u> <u>framework-integrated-diabetic-lower-limb-care-users-guide2</u>)

| Tier 1   | Tier 2 (Tier 1 plus the following)  | Tier 3 (Tier 2 plus the following)  |
|--|---|---|
| <ul> <li>The health or care practitioner will:</li> <li>a) Be aware that there are a range of investigations that may be carried out to determine the appropriate treatment and care management plan for a wound.</li> <li>b) Check that all results of tests and investigations are known prior to diagnosis.</li> <li>c) Understand the importance of an accurate diagnosis and its impact on wound healing.</li> <li>g) Know that a person with a wound may find the results of investigations and diagnosis difficult to understand or to come to terms with and ensure that appropriate support is provided for that individual.</li> </ul> | <ul> <li>The health or care practitioner will:</li> <li>a) Interpret the results of relevant diagnostic investigations, use them to formulate a diagnosis and determine the appropriate treatment and care management plan for noncomplex wounds.</li> <li>b) Recognise when the results of diagnostic investigations are incomplete or do not identify the reasons for non-healing and seek advice from a senior member of the multi-disciplinary team.</li> <li>h) Communicate clearly with the individual about the results of investigations, the diagnosis and the management plan for care of the wound, whilst recognising that a person with a wound may find the diagnosis and plan distressing or lacking in clarity; provide or arrange</li> </ul> | <ul> <li>The health or care practitioner will:</li> <li>a) Understand, utilise and interpret a variety of advanced diagnostic investigations.</li> <li>b) Critically appraise complex, incomplete, ambiguous and/or conflicting information, distilling and synthesising key factors from the appraisal and identifying those elements which need to be pursued further.</li> <li>c) Develop a working diagnosis by systematic consideration of the various possibilities (differential diagnosis) in relation to complex wounds, recognising key diagnostic biases, common errors and issues relating to the diagnosis and decision making in the face of ambiguity and incomplete data.</li> <li>d) Communicate the results of investigations and the diagnosis/care plan to the person with a wound in terms that they understand and amend the care management plan accordingly.</li> <li>e) Provide consultation, advice and support in relation to life-threatening or deteriorating wounds or potentially serious pathology and initiate acute management where required.</li> </ul> |

| Tier 1 | Tier 2 (Tier 1 plus the following)         | Tier 3 (Tier 2 plus the following)  |
|--------|--|---|
|        | support for the individual as appropriate. | <ul> <li>f) Take a lead role in ensuring appropriate use of<br/>evidence-based diagnostics to support complex<br/>decision making.</li> </ul>   |
|        |  | <ul> <li>g) Understand and identify risk factors for severity or<br/>impact and use tools where they exist to analyse and<br/>stratify risk of progression to further complications,<br/>long term pain or disability.</li> </ul>   |
|        |  | <ul> <li>h) Critically appraise and analyse current evidence,<br/>theory, principles and systems and be able to identify<br/>issues that are beyond own scope of practice and<br/>which require referral or consultation to or with another<br/>health care professional in order to optimise<br/>individuals' long-term outcomes.</li> </ul>                     |
|        |  | <ul> <li>Recognise how deteriorating and/or complex wounds<br/>can impact on and interact with mental health and<br/>identify when this is relevant.</li> </ul>   |
|        |  | <ul> <li>j) Understand how some conditions may be a<br/>manifestation of injury not only from trauma or surgery<br/>but also because of safeguarding issues, recognising<br/>particular at-risk groups (such as older people with<br/>frailty and those with cognitive impairment) and take<br/>appropriate action when there are grounds for concern.</li> </ul> |
|        |  | <ul> <li>j) Plan for post-diagnostic follow up, recognising the<br/>needs of families and carers providing care and<br/>support for individuals at high risk of wound<br/>deterioration, making onward referral as required.</li> </ul>   |

General guidance and references are shown in Appendix 2. Guidance or resources with specific relevance to this capability is shown below:

- Health Education England (2021), Multi-Professional Advanced Capabilities Framework for Lower Limb Viability: <u>www.skillsforhealth.org.uk/LowerLimbframework</u>
- Society of Vascular Nurses (2014), Advanced Vascular Nurse Competencies: <u>http://www.svn.org.uk/wp-content/uploads/2014/12/SVN-advanced-compet-final-version.pdf</u>
- Tissue Viability Leading Change Competency Framework: <u>http://www.urgo.co.uk/387-tvlc-competency-framework</u>
- TRIEPodD-UK (2019), Capability Framework for Integrated Diabetic Lower Limb Care: <u>https://www.wounds-uk.com/resources/details/capability-</u> <u>framework-integrated-diabetic-lower-limb-care-users-guide2</u>)

## Domain C. Wound care

#### Introduction

This Domain focuses on the central aspects of the care of people with wounds and appropriate treatment and interventions. Developing the capabilities of all members of a multi-disciplinary team in relation to care planning, treatments and interventions is of fundamental importance. Treatments and interventions must be both costeffective and evidence-based to enable better health outcomes.

Service redesign and the introduction of new roles mean that a joined up and multiprofessional approach to wound care is required, rather than an over reliance on specialist tissue viability practitioners. As with assessment and diagnosis, treatments and interventions will often take place in settings where there is no easy access to a specialist tissue viability practitioner. Therefore, other health care practitioners need to develop the relevant skills, knowledge and behaviours to support the effective implementation of care management plans for people with wounds.

Inappropriate interventions and treatments delay wound healing, increase discomfort for the individual, increase risk of infection, inappropriate use of wound dressings, and reduce a person's quality of life.

Collaborative working across the multi-disciplinary team and the use of appropriate referrals also support delivery of optimal but cost-effective, consistent and continuous care.

The importance of holistic assessment of person with a wound and a personalised approach to wound care are recurring themes which underpin this framework and they are reflected within this Domain.

## Capability 4. Care planning

| Tier 1   | Tier 2 (Tier 1 plus the following)   | Tier 3 (Tier 2 plus the following)  |  |  |
|--|--|---|--|--|
| <ul> <li>The health or care practitioner will:</li> <li>a) Contribute to the care planning process.</li> <li>b) Understand the importance of care that is relevant to the individual and their daily living.</li> <li>c) Know how to access support to plan and manage care.</li> <li>d) Know that care plans require regular review in consultation with the individual, their family and carers, and with other members of the multi-disciplinary team.</li> </ul> | <ul> <li>The health or care practitioner will:</li> <li>a) Develop wound care management plans which include specific review dates.</li> <li>b) Understand the importance of care and support planning as a holistic and person-centred process.</li> <li>c) Understand why care and support plans need to be reviewed regularly and in partnership with others, including the individual.</li> <li>d) Communicate and share information in a person's care plan to others with appropriate permission.</li> </ul> | <ul> <li>The health or care practitioner will:</li> <li>a) Construct, oversee and advise upon the development of wound care management plans in collaboration with the multi-disciplinary team, which include specific review dates.</li> <li>b) Critically analyse the efficacy of a range of wound care interventions to develop individualised, evidence-based wound care management plans.</li> <li>c) Develop care plans that take account of the individual's needs, goals and wishes, local service availability and relevant guidelines, ensuring that the management plan considers all options that are appropriate for the care pathway.</li> <li>d) Provide advice and formulate evidence based therapeutic interventions for wound care planning, with a particular focus on expected benefits and limitations.</li> </ul> |  |  |

General guidance and references are shown in Appendix 2. Guidance or resources with specific relevance to this capability is shown below:

- Society of Vascular Nurses (2014), Advanced Vascular Nurse Competencies: <u>http://www.svn.org.uk/wp-content/uploads/2014/12/SVN-advanced-compet-final-version.pdf</u>
- Tissue Viability Leading Change Competency Framework: <u>http://www.urgo.co.uk/387-tvlc-competency-framework</u>
- TRIEPodD-UK (2019), Capability Framework for Integrated Diabetic Lower Limb Care: <u>https://www.wounds-uk.com/resources/details/capability-</u> <u>framework-integrated-diabetic-lower-limb-care-users-guide2</u>)

## Capability 5. Wound care and interventions

| Tie | Tier 1  |    | Tier 2 (Tier 1 plus the following)   |    | Tier 3 (Tier 2 plus the following)   |                          |
|-----|---|----|--|----|--|--------------------------|
| Th  | e health or care practitioner will:   | Th | e health or care practitioner will:  | Th | he health or care practitioner will:   |                          |
| a)  | Have an awareness of the wound healing process and other factors which can affect healing.                  | a) | Understand the wound healing process and other factors which can affect healing.                     | a) | Have a comprehensive knowledge of the wound healing process and other factors which can affect healing.                        |                          |
| b)  | Recognise the signs of wound deterioration and know how to report the deterioration or ask for advice.      | b) | Be able to recognise clinical signs and symptoms of wound deterioration and manage them effectively. | b) | Demonstrate a critical understanding<br>of the pathophysiology of the causes<br>of wounds and how relevant                     |                          |
| c)  | Be able to apply and change wound dressings.  | c) | Be able to recommend and carry out agreed wound management   | c) | treatments and interventions work.<br>Carry out advanced wound   |                          |
| d)  | Be able to contribute to wound therapies as instructed.   |    | techniques and therapies within the scope of practice.   | 0, | management and techniques and explore the use of potential additional  |                          |
| e)  | Demonstrate a general knowledge of infection prevention and control   | d) | Make timely and appropriate wound management referrals.  | d) | therapies within the scope of practice.<br>Develop pathways to support long  |                          |
|     | techniques and protocols.   | e) |  |    | term wound care management,<br>symptoms and reduced mental well-   |                          |
| f)  | Demonstrate an awareness of systemic signs of infection.  |    |  |    | being, referring individuals to sources<br>of mental health support when that is   |                          |
| g)  | Be able to communicate effectively to   |    | disciplinary team.   |    | disciplinary team.   | in their best interests. |
|     | the individual the importance of following their care plan and of taking responsibility for their own care. | f) | Work collaboratively with members of the multi-disciplinary team to maximise patient concordance.    | e) | Use expert clinical skills to contribute<br>to the development of evidence-based<br>approaches to wound care<br>interventions. |                          |

| Tier 1   | Tier 2 (Tier 1 plus the following)   | Tier 3 (Tier 2 plus the following)   |
|--|--|--|
| h) Have a working knowledge of local<br>and, where appropriate, national<br>wound care protocols and guidance. | <ul> <li>g) Have a broad knowledge of the properties (e.g. absorbency, adherence etc) of dressings and other products, including the difference between types, their modes of action and appropriate use.</li> <li>h) Demonstrate an understanding of the psychological impact of wounds.</li> <li>i) Demonstrate the application of infection prevention and control techniques and protocols.</li> <li>j) Assess wound care interventions to inform the development of personalised care management plans.</li> <li>k) Have a comprehensive knowledge of local and regional wound care protocols and guidance.</li> <li>l) Where appropriate, actively participate in the local wound management formulary group and/or related groups.</li> </ul> | <ul> <li>f) Have an in-depth knowledge of local, regional and national wound care protocols and guidance.</li> <li>g) Provide expert opinion in the local wound management formulary group and/or related groups.</li> </ul> |

General guidance and references are shown in Appendix 2. Guidance or resources with specific relevance to this capability is shown below:

- Health Education England (2021), Multi-Professional Advanced Capabilities Framework for Lower Limb Viability: <u>www.skillsforhealth.org.uk/LowerLimbframework</u>
- Society of Vascular Nurses (2014), Advanced Vascular Nurse Competencies: <u>http://www.svn.org.uk/wp-content/uploads/2014/12/SVN-advanced-compet-final-version.pdf</u>
- Tissue Viability Leading Change Competency Framework: <u>http://www.urgo.co.uk/387-tvlc-competency-framework</u>
- TRIEPodD-UK (2019), Capability Framework for Integrated Diabetic Lower Limb Care: <u>https://www.wounds-uk.com/resources/details/capability-</u> <u>framework-integrated-diabetic-lower-limb-care-users-guide2</u>)

| Capability 6. Referrals an | nd collaborative working |
|----------------------------|--------------------------|
|----------------------------|--------------------------|

| Tier 1  | Tier 2 (Tier 1 plus the following)  | Tier 3 (Tier 2 plus the following)   |
|---|---|--|
| The health or care practitioner will:   | The health or care practitioner will:   | The health or care practitioner will:  |
| <ul><li>a) Understand the importance of priority<br/>in relation to referrals.</li><li>b) Be aware of the range of different<br/>agencies and professionals who may</li></ul>                                 | <ul><li>a) Allocate referrals in accordance with their priority.</li><li>b) Collaborate with others, exploring and integrating the views of wider</li></ul>   | <ul> <li>a) Prioritise referrals appropriately.</li> <li>b) Establish effective collaborative<br/>working across networks, between<br/>different organisations and across</li> </ul>       |
| <ul><li>be involved in the care of the person with the wound.</li><li>c) Know who is involved in each individual's care, or how to find out,</li></ul>  | <ul><li>multidisciplinary teams to deliver care<br/>in a co-ordinated way, showing an<br/>understanding the role of others.</li><li>c) Share information, including that</li></ul>  | <ul><li>different settings of care.</li><li>c) Lead collaborative approaches to reduce gaps or duplication in care and to develop a more flexible workforce.</li></ul>                     |
| <ul> <li>and be able to collaborate with them.</li> <li>d) Know whom to contact with any concerns, issues or questions about any aspect of a person's care, their wound and any necessary support.</li> </ul> | which relates to a person's wishes, in<br>a timely and appropriate manner with<br>those involved in a person's care,<br>considering issues of consent,<br>confidentiality and ensuring that,<br>where information is already available, | <ul> <li>d) Engage collaboratively in challenging<br/>conversations with other<br/>professionals, demonstrating a<br/>commitment to partnership working to<br/>facilitate care.</li> </ul> |
| <ul> <li>e) Be aware of the limitations of their<br/>own knowledge, understanding and<br/>skills, and when concerns about</li> </ul>  | the person is not asked to provide the same information repeatedly.   | <ul> <li>e) Work effectively in collaboration with<br/>commissioners of services and<br/>education.</li> </ul>   |
| potential skin damage and wound<br>infection should be reported and<br>escalated as appropriate (ideally to a   | <ul> <li>d) Understand referral criteria and<br/>pathways of care to meet the needs of<br/>people with or at risk of a wound.</li> </ul>  | <ul> <li>f) Develop oneself and others and<br/>contribute to organisational<br/>development in relation to wound care</li> </ul>   |
| wound care practitioner with Tier 2 or 3 competence).   | <ul> <li>e) Understand and work within their<br/>personal and professional scope of<br/>practice and know how and when</li> </ul>   | and support for people living with complex and/or chronic wounds.  |

| Tier 1                        |   | Tier 2 (Tier 1 plus the following)                  | Tier 3 (Tier 2 plus the following)  |
|-------------------------------|---|---|---|
| profe<br>cons<br>more<br>unde | aware that health and care<br>fessionals may ask for a person's<br>isent to share information to enable<br>re integrated working and<br>derstand the value of giving this<br>isent. | more specialist advice or support should be sought. | g) Engage in the critical review of own<br>and others' practice, learn from them<br>and share the learning with colleagues<br>and networks. |

General guidance and references are shown in Appendix 2. Guidance or resources with specific relevance to this capability is shown below:

- Health Education England (2021), Multi-Professional Advanced Capabilities Framework for Lower Limb Viability: <u>www.skillsforhealth.org.uk/LowerLimbframework</u>
- Health Education England, NHS England & Skills for Health, (2018), Frailty Framework of Core Capabilities <u>https://skillsforhealth.org.uk/info-hub/frailty-2018/</u>
- Society of Vascular Nurses (2014), Advanced Vascular Nurse Competencies: <u>http://www.svn.org.uk/wp-content/uploads/2014/12/SVN-advanced-compet-final-version.pdf</u>
- Tissue Viability Leading Change Competency Framework: <u>http://www.urgo.co.uk/387-tvlc-competency-framework</u>
- TRIEPodD-UK (2019), Capability Framework for Integrated Diabetic Lower Limb Care: <u>https://www.wounds-uk.com/resources/details/capability-</u> <u>framework-integrated-diabetic-lower-limb-care-users-guide2</u>)

## Domain D. Personalised care and health promotion

#### Introduction

At the heart of personalised care is the relationship between people; that is built from meaningful communication, and is strongly influenced by how we say things, how we listen and our non-verbal communication. Within this Domain and throughout this framework, communication is considered to include all methods by which information is transmitted (verbal, non-verbal etc).

People with wounds should be engaged in shared decision-making about their care and supported to actively make the decision about their preferred care and treatment plan, whilst understanding their concerns and beliefs.

This Domain focuses on interpersonal and communication skills to engage in effective interactions with individuals, carers, colleagues and other service providers in the clinical environments in which they practise.

It covers skills in listening and information-processing, alongside empathetic skills to ascertain, understand and respond to individuals' needs and concerns.

Health and care practitioners need to take account of the individual preferences, priorities and needs of people with wounds to support and guide care and treatment. They respect each individual's expertise in their own life and condition and empower and support them to retain control and to make choices that fit with their goals and promote supported self-management.

## Capability 7. Communication

| ier 1  | Tier 2 (Tier 1 plus the following)    | Tier 3 (Tier 2 plus the following)  |
|--|---------------------------------------|---|
| he health or care practitioner will:   | The health or care practitioner will: | The health or care practitioner will:   |
| <ul> <li>Acknowledge and respond to all communication promptly.</li> <li>Communicate clearly and coherently taking into account the needs of individuals.</li> <li>Select the most appropriate method of communication for the individual/s.</li> <li>Ensure that the environment for communication is as conducive as possible for effective communication.</li> <li>Adapt communication styles to suit the situation, utilising IT systems/ methods to improve efficiency where appropriate.</li> <li>Identify any communication barriers with the individuals and take the appropriate action.</li> <li>Clarify points and check that yourself and others understand what is being</li> </ul> |                                       | <ul> <li>a) Autonomously adapt verbal and nonverbal communication styles in ways that are empathetic and responsive to an individual's communication and language needs, preferences and abilities (including levels of spoken English and health literacy).</li> <li>b) Evaluate and remedy situations, circumstances or places which make it difficult to communicate effectively (e.g. noisy, distressing environments which may occur during home visits, care home visits or in emergency situations), and have strategies in place to overcome these barriers.</li> <li>c) Critically appraise communication strategies and be able to optimise communication approaches appropriately using skills such as active listening e.g. frequent clarifying,</li> </ul> |

| Tie | er 1  | Tier 2 (Tier 1 plus the following)   | Tier 3 (Tier 2 plus the following)  |
|-----|---|--|---|
| h)  | Actively listen to any questions and<br>concerns raised during<br>communications, reflecting back and                     | <ul> <li>wounds, colleagues and other agencies as appropriate.</li> <li>f) Communicate in an organised and d) structured way, understanding the constraints of workload and time pressures whilst ensuring safe and effective care.</li> </ul> | cues such as pace, pauses and voice<br>intonation.<br>d) Recognise when the person with a   |
|     | responding appropriately.   |  | wound and their family/carer may have   |
| i)  | Include time for dialogue, disclosure<br>and follow up during interaction with<br>people with wounds.                     |  | competing agendas and be able to facilitate shared agenda setting using an inclusive approach.  |
| j)  | Establish lines of communication<br>which enable communication with<br>individuals in other locations where<br>necessary. |  | <ul> <li>e) Consult in a highly organised and<br/>structured way, with professional<br/>curiosity as required, whilst<br/>understanding the constraints of the</li> </ul> |
| k)  | Maintain confidentiality of information where appropriate.  |  | time limited nature of consultations<br>and ensure communication is safe and<br>effective.  |

General guidance and references are shown in Appendix 2. Guidance or resources with specific relevance to this capability is shown below:

- Health Education England (2021), Multi-Professional Advanced Capabilities Framework for Lower Limb Viability: <u>www.skillsforhealth.org.uk/LowerLimbframework</u>
- Health Education England & Skills for Health (2017), Person-Centred Approaches: <u>Person-Centred Approaches (2017) | Skills for Health</u>
- Society of Vascular Nurses (2014), Advanced Vascular Nurse Competencies: <u>http://www.svn.org.uk/wp-content/uploads/2014/12/SVN-advanced-compet-final-version.pdf</u>
- Tissue Viability Leading Change Competency Framework: <u>http://www.urgo.co.uk/387-tvlc-competency-framework</u>
- TRIEPodD-UK (2019), Capability Framework for Integrated Diabetic Lower Limb Care: <u>https://www.wounds-uk.com/resources/details/capability-</u> <u>framework-integrated-diabetic-lower-limb-care-users-guide2</u>)
## Capability 8. Personalised care

| Tier 1   | Tier 2 (Tier 1 plus the following)  | Tier 3 (Tier 2 plus the following)   |
|--|---|--|
| The health or care practitioner will:  | The health or care practitioner will:   | The health or care practitioner will:  |
| <ul> <li>a) Respect the rights, privacy, and<br/>dignity of people with wounds,<br/>promoting choice and<br/>independence.</li> </ul>  | <ul> <li>Advocate for and contribute to<br/>person-centred approaches in the<br/>management and development of<br/>services.</li> </ul>   | a) Engage people with wounds in shared<br>decision making about their care, supporting<br>them to express their own ideas, concerns<br>and expectations and encouraging them in  |
| <ul> <li>b) Support people with wounds to<br/>assert their views and<br/>preferences, control their own<br/>lives and make informed choices<br/>about their care and the<br/>interventions they receive.</li> </ul>  | <ul> <li>b) Develop and promote personalised<br/>self-management plans with people<br/>with wounds which meet their needs<br/>in partnership, where appropriate,<br/>with other agencies and with their<br/>carers/family.</li> </ul>   | <ul> <li>asking questions.</li> <li>b) Explain in non-technical language all available options (including doing nothing), exploring the risks and benefits of each and discussing the implications as it relates to the person with the wound.</li> </ul>  |
| <ul> <li>c) Understand the importance of the need to assess risk in the context of a self-supported management plan.</li> <li>d) Demonstrate an awareness of the need to understand the skills, knowledge and confidence of a person with a wound to manage their own care, and the role of</li> </ul> | <ul> <li>c) Utilise tools such as the Patient<br/>Activation Model to promote and<br/>support a person with a wound to<br/>develop the skills, knowledge and<br/>confidence to manage their care.</li> <li>d) Evaluate how the preferences and<br/>experiences of a person with a<br/>wound, including their individual<br/>cultural and religious background,<br/>can offer insight into their priorities,<br/>well-being and management of their<br/>care.</li> </ul> | <ul> <li>c) Utilise motivational interviewing techniques.</li> <li>d) Critically appraise the impact that a range of social, economic, and environmental factors can have on health outcomes for people with wounds and on their family and/or carers.</li> <li>e) Utilise tools such as the Patient Activation Model at scale to assess whether services, interventions and programmes are providing effective and tailored support to meet the needs of people with wounds.</li> </ul> |

| Tie | er 1   | Ti       | er 2 (Tier 1 plus the following)   | Tie            | er 3 (Tier 2 plus the following)  |
|-----|--|----------|--|----------------|---|
| e)  | tools such as the Patient<br>Activation Model <sup>7</sup> in this context.<br>Support the self-care and self-<br>management of people with<br>wounds and work in a way that is<br>non-judgmental and respects the<br>rights, privacy, and dignity of<br>individuals, promoting choice   | e)<br>f) | make informed choices to manage<br>their self-care needs.<br>Recognise when a person with a<br>wound or their carer has not<br>understood information regarding the<br>wound and the effect this has on<br>their self-care and behaviours, and   | f)<br>g)<br>h) | Elicit psychosocial history to provide some<br>context for the challenges which some people<br>with wounds may encounter.<br>Advise on and refer people appropriately to<br>psychological therapies and counselling<br>services, in line with their needs and wishes,<br>taking account of local service provision.<br>Develop evidence-based approaches to   |
|     | and independence.<br>Support people with wounds to<br>access appropriate information<br>to manage their self-care needs.<br>Recognise the importance of<br>social networks and communities<br>for people with wounds and,<br>where applicable, their families<br>and carers in managing long-<br>term wounds and related health<br>conditions.<br>Understand that a wound can<br>have an impact on a person from<br>a cultural and social perspective. | g)       | the consequences.<br>Recognise and respond<br>appropriately to the impact on the<br>person with the wound of<br>psychosocial factors such as<br>housing issues, work issues,<br>family/carer issues, lack of support,<br>social isolation and loneliness and<br>consider in the context of local social<br>prescribing services. | i)             | interventions and self-management which<br>minimise health inequalities taking into<br>account relevant social, mental health and<br>other factors to minimise distress and to<br>provide motivation.<br>Actively mitigate the impact of health<br>inequalities on people with wounds explore<br>strategies to deliver interventions which<br>minimise health inequalities by enabling a<br>person to understand and cope with their<br>wound, its treatment and its consequences,<br>drawing on an appropriate range of multi-<br>agency and inter-professional resources to<br>optimise wound care. |

<sup>&</sup>lt;sup>7</sup> <u>https://www.england.nhs.uk/personalisedcare/supported-self-management/patient-activation/</u>

General guidance and references are shown in Appendix 2. Guidance or resources with specific relevance to this capability is shown below:

- Health Education England & Skills for Health (2017), Person-Centred Approaches: <u>Person-Centred Approaches (2017) | Skills for Health</u>
- Health Education England (accessed 2020), Making Every Contact Count: <u>https://www.makingeverycontactcount.co.uk/</u>
- NHS Right Care (accessed 2019) at: <u>https://www.england.nhs.uk/rightcare/</u>
- Personalised Care Institute Curriculum, HEE
   <u>https://www.personalisedcareinstitute.org.uk/pluginfile.php/133/mod\_page/con
   tent/28/PCI-Curriculum.pdf</u>
- Public Health England (2019) All Our Health: personalised care and population health <u>https://www.gov.uk/government/collections/all-our-health-personalised-care-and-population-health</u>
- Tissue Viability Leading Change Competency Framework: <u>http://www.urgo.co.uk/387-tvlc-competency-framework</u>

## Capability 9. Prevention, health promotion and improvement

| Tier 1  | Tier 2 (Tier 1 plus the following)   | Tier 3 (Tier 2 plus the following)  |
|---|--|---|
| <ul> <li>The health or care practitioner will:</li> <li>a) Understand the importance of reinforcing key principles in relation to the self-management by an individual of the wound and relevant underlying condition.</li> <li>b) Be able to engage with individuals using awareness, engagement and communication skills to discuss lifestyle behaviour change and motivate those individuals to make those changes.</li> <li>c) Communicate with individuals about promoting their health and wellbeing.</li> <li>d) Know which services can assist a person to manage their wound.</li> <li>e) Signpost the person with the wound and self-care.</li> </ul> | <ul> <li>The health or care practitioner will:</li> <li>a) Understand the need for personal action plans to achieve and maintain health-related goals for an individual living with a wound or at risk of developing a wound.</li> <li>b) Be able to select and use appropriate techniques and approaches to provide support to individuals as they change their lifestyle behaviours and facilitate the individuals to maintain these changes over the longer term.</li> <li>c) Have a comprehensive knowledge of the wound/condition specific support groups and counselling services to which the person with a wound can be signposted so as to enhance their understanding and self-care.</li> <li>d) Understand the impact of culture and social context on how the person with a wound feels about health-related behaviours and about changing them.</li> <li>e) Refer the person with a wound to appropriate members of the multi-</li> </ul> | <ul> <li>The health or care practitioner will:</li> <li>a) Have a thorough understanding of the tools and techniques for assessment and evaluation of a person's health status, concerns, personal context and priorities.</li> <li>b) Actively participate in the design of relevant information for persons with wounds.</li> <li>c) Lead engagement and education strategy in local services to deliver public health initiatives in a way that is relevant to the needs of specific populations.</li> </ul> |

| Tier 1 | Tier 2 (Tier 1 plus the following)   | Tier 3 (Tier 2 plus the following) |
|--------|--|------------------------------------|
|        | disciplinary team for advice and interventions.  |                                    |
|        | <ul> <li>f) Recognise and correct misinformation a<br/>person may hold about their wound and<br/>condition and the effects of this<br/>misinformation on self-care behaviours<br/>and their consequences.</li> </ul> |                                    |
|        | g) Promote wellbeing to minimise distress<br>and suffering, to enable people to<br>understand and cope with their wound its<br>treatment and its consequences.   |                                    |

General guidance and references to key legislation are shown in the appendices. Guidance or resources with specific relevance to this capability is shown below:

- Health Education England (accessed 2020), Making Every Contact Count: <u>https://www.makingeverycontactcount.co.uk/</u>
- Personalised Care Institute Curriculum, HEE <u>https://www.personalisedcareinstitute.org.uk/pluginfile.php/133/mod\_page/content/28/PCI-Curriculum.pdf</u>
- Public Health England (2019) All Our Health: personalised care and population health <u>https://www.gov.uk/government/collections/all-our-health-personalised-care-and-population-health</u>
- Tissue Viability Leading Change Competency Framework: <u>http://www.urgo.co.uk/387-tvlc-competency-framework</u>

# Domain E. Leadership & management, education and research

#### Introduction

Domains A to D of this framework contain the core capabilities which identify and describe the clinical skills, knowledge and behaviours required to deliver high quality, personalised wound care.

This Domain, E, focuses on Leadership, Management, Education and Research skills, knowledge and behaviours which support the delivery of wound care.

The capabilities are described for all three Tiers but it should be noted that those for Tier 3 health and care practitioners align to those contained within Pillars 2, 3 and 4 of the Health Education England Multi-Professional Framework for Advanced Clinical Practice in England<sup>8</sup>.

The four pillars that underpin Advanced Clinical Practice are:

- 1. Clinical Practice
- 2. Leadership and Management
- 3. Education
- 4. Research

Advanced Clinical Practitioners and other professionals who aspire to this level of practice are encouraged to refer to the Health Education Multi-Professional Credentials<sup>9</sup> which will enable them to expand their professional competencies and qualifications at Masters Level and above.

<sup>&</sup>lt;sup>8</sup> <u>https://www.hee.nhs.uk/our-work/advanced-clinical-practice/multi-professional-framework</u>

<sup>&</sup>lt;sup>9</sup> Multi-Professional Credentials< Health Education England <u>https://www.hee.nhs.uk/our-work/advanced-practice/credentials</u>

# Capability 10. Leadership and management

| Tier 1   | Tier 2 (Tier 1 plus the following)  | Tier 3 (Tier 2 plus the following)  |
|--|---|---|
| The health or care practitioner will:  | The health or care practitioner will:   | The health or care practitioner will:   |
| <ul> <li>a) Demonstrate behaviours which<br/>reflect the values of their<br/>organisation/place of work.</li> </ul>  | a) Proactively initiate and develop<br>effective relationships, fostering<br>clarity of roles within teams, to                        | a) Act as a role model reflecting the values of their organisation/place of work, demonstrating a person-centred approach   |
| b) Prioritise work in accordance with service requirements, capacity and demand.   | <ul><li>encourage productive working.</li><li>b) Actively seek and be positively responsive to feedback and</li></ul>                 | <ul><li>to service delivery and development.</li><li>b) Evaluate own practice, and participate in multi-disciplinary service and team</li></ul>   |
| <ul> <li>c) Demonstrate effective personal<br/>time management, carrying out<br/>both clinical and non-clinical<br/>aspects of work in a timely manner.</li> </ul> | involvement from people, families,<br>carers, communities, and<br>colleagues in the co-production of<br>service improvements.         | evaluation, demonstrating the impact of<br>advanced wound care on service function<br>and effectiveness, and quality (i.e.<br>outcomes of care, experience and safety).                 |
| <ul> <li>d) Respond positively when services<br/>are under pressure, acting in a<br/>responsible and considered way to<br/>ensure safe practice.</li> </ul>        | <ul> <li>c) Undertake appropriate<br/>management duties of a<br/>team/teams which could include<br/>first line management.</li> </ul> | <ul> <li>c) Actively engage in peer review to inform<br/>own and other's practice, formulating and<br/>implementing strategies to act on learning<br/>and make improvements.</li> </ul> |
| e) Demonstrate receptiveness to<br>challenge and preparedness to<br>constructively challenge others,<br>escalating concerns that affect                            | <ul> <li>d) Promote the importance of a person- centred approach and the values of their organisation/place of work.</li> </ul>       | <ul> <li>d) Actively seek feedback and involvement<br/>from individuals, families, carers,<br/>communities and colleagues in the co-<br/>production of service improvements.</li> </ul> |
| people, families, carers,<br>communities and colleagues' safety<br>and well-being when necessary.  | ,   | e) Critically apply advanced wound care<br>expertise in appropriate faciliatory ways to<br>provide consultancy across professional and<br>service boundaries, influencing clinical      |

| Τi | er 1   | Tier 2 (Tier 1 plus the following) | Ti | er 3 (Tier 2 plus the following)  |
|----|--|------------------------------------|----|---|
| f) | Carry out their duties in accordance with organisational values and a person-centred approach. |                                    |    | practice to enhance quality, reduce<br>unwarranted variation and promote the<br>sharing and adoption of best practice.  |
|    |  |                                    | f) | Demonstrate team leadership, resilience<br>and determination, managing situations that<br>are unfamiliar, complex or unpredictable<br>and seeking to build confidence in others.  |
|    |  |                                    | g) | Continually develop practice in response to<br>changing population health need, engaging<br>in horizon scanning for future developments<br>(e.g. the impacts of new technologies, new<br>treatments and changing social challenges)<br>and critically appraise the evidence base<br>and potential health economic impact. |
|    |  |                                    | h) | Demonstrate receptiveness to challenge<br>and preparedness to constructively<br>challenge others, escalating concerns that<br>affect individuals', families', carers',<br>communities' and colleagues' safety and<br>well-being when necessary.   |
|    |  |                                    | i) | Negotiate an individual scope of practice<br>within legal, ethical, professional and<br>organisational policies, governance and<br>procedures, with a focus on managing risk<br>and upholding safety.   |

General guidance and references are shown in Appendix 2. Guidance or resources with specific relevance to this capability is shown below:

- Health Education England (2021), Multi-Professional Advanced Capabilities Framework for Lower Limb Viability: <u>www.skillsforhealth.org.uk/LowerLimbframework</u>
- Health Education England (2017), Multi-Professional Framework for Advanced Clinical Practice in England: <u>https://www.hee.nhs.uk/our-work/advanced-clinical-practice</u>
- Health Education England (2020), Multi-Professional Credentials <u>https://www.hee.nhs.uk/our-work/advanced-practice/credentials</u>
- Society of Vascular Nurses (2014), Advanced Vascular Nurse Competencies: <u>http://www.svn.org.uk/wp-content/uploads/2014/12/SVN-advanced-compet-final-version.pdf</u>
- Tissue Viability Leading Change Competency Framework: <u>http://www.urgo.co.uk/387-tvlc-competency-framework</u>
- TRIEPodD-UK (2019), Capability Framework for Integrated Diabetic Lower Limb Care: <u>https://www.wounds-uk.com/resources/details/capability-</u> <u>framework-integrated-diabetic-lower-limb-care-users-guide2</u>

# Capability 11. Education

| Tier 1   | Tier 2 (Tier 1 plus the following)   | Tier 3 (Tier 2 plus the following)   |
|--|--|--|
| The health or care practitioner will:  | The health or care practitioner will:  | The health or care practitioner will:  |
| a) Remain up to date with appropriate<br>Statutory and Mandatory training as<br>defined in their place of work.                              | a) Evaluate, at appropriate intervals,<br>the current and future requirements<br>of their practice and of others.  | a) Critically assess and address own learning needs, negotiating a personal development plan that reflects the breadth of ongoing  |
| b) Identify their own preferred learning<br>methods and take these into<br>account in identifying and<br>undertaking development activities. | <ul> <li>b) Be able to support practice<br/>development by acting as a<br/>mentor/supervisor and/or clinical<br/>assessor as appropriate.</li> </ul>   | professional development across the four<br>pillars of advanced clinical practice,<br>recognising that further qualifications may<br>be required.  |
| <ul> <li>c) Identify any gaps between the<br/>current and future requirements of<br/>their practice.</li> </ul>                              | <ul> <li>c) Identify what an effective<br/>development plan, either one's own<br/>or somebody else's, should contain</li> </ul>  | <ul> <li>b) Engage in self-directed learning, critically<br/>reflecting to maximise clinical skills and<br/>knowledge, as well as own potential to<br/>lead and develop both care and services.</li> </ul> |
| <ul> <li>d) Agree development plans which<br/>address any identified gaps in<br/>knowledge and skills.</li> </ul>                            | <ul><li>and the length of time that it should cover.</li><li>d) Recognise the importance of taking</li></ul>   | c) Engage with, appraise and respond to individuals' motivation, development stage   |
| e) Review and update their own<br>development plan in the light of<br>their performance, any<br>development activities undertaken            | <ul> <li>account of career and personal goals<br/>when supporting professional<br/>development of self and others.</li> <li>e) Act as a role model by inspiring,<br/>approximation and applying others as</li> </ul> | and capacity, working collaboratively to<br>support health literacy and empower<br>individuals to participate in decisions about<br>their care and to maximise their health and<br>well-being.             |
| <ul><li>and any wider changes.</li><li>f) Recognise the importance of the development of their own knowledge and skills and</li></ul>        | empowering and enabling others as<br>well as through their own positive<br>behaviours.   | <ul> <li>Advocate for and contribute to a culture of<br/>organisational learning to inspire future<br/>and existing staff.</li> </ul>  |

| Tier 1  | Tier 2 (Tier 1 plus the following)   | Tier 3 (Tier 2 plus the following)   |
|---|--|--|
| demonstrate a willingness to share<br>their knowledge and skills with<br>others as appropriate. | <ul> <li>f) Actively contribute to the<br/>development of the skills, knowledge<br/>and confidence of others within their<br/>work setting and service.</li> </ul> | <ul> <li>e) Facilitate collaboration of the wider team<br/>and support peer review processes to<br/>identify individual and team learning.</li> <li>f) Identify further developmental needs for<br/>the individual and the wider team and<br/>support them to address these.</li> <li>g) Support the wider team to build capacity<br/>and capability through work-based and<br/>interprofessional learning, and the<br/>application of learning to practice.</li> <li>h) Act as a role model, educator, coach and</li> </ul> |
|   |  | mentor/supervisor, seeking to instil and<br>develop the skills, knowledge and<br>confidence of others, contributing to<br>undergraduate and postgraduate<br>programmes and/or within their work<br>setting and service.  |

General guidance and references are shown in Appendix 2. Guidance or resources with specific relevance to this capability is shown below:

- Health Education England (2021), Multi-Professional Advanced Capabilities Framework for Lower Limb Viability: <u>www.skillsforhealth.org.uk/LowerLimbframework</u>
- Health Education England (2017), Multi-Professional Framework for Advanced Clinical Practice in England: <u>https://www.hee.nhs.uk/our-work/advanced-clinical-practice</u>
- Health Education England (2020), Multi-Professional Credentials <u>https://www.hee.nhs.uk/our-work/advanced-practice/credentials</u>
- Society of Vascular Nurses (2014), Advanced Vascular Nurse Competencies: <u>http://www.svn.org.uk/wp-content/uploads/2014/12/SVN-advanced-compet-final-version.pdf</u>
- Tissue Viability Leading Change Competency Framework: <u>http://www.urgo.co.uk/387-tvlc-competency-framework</u>
- TRIEPodD-UK (2019), Capability Framework for Integrated Diabetic Lower Limb Care: <u>https://www.wounds-uk.com/resources/details/capability-</u> <u>framework-integrated-diabetic-lower-limb-care-users-guide2</u>

## Capability 12. Research, audit and quality improvement

| Tier 1  | Tier 2 (Tier 1 plus the following)  | Tier 3 (Tier 2 plus the following)  |
|---|---|---|
| The health or care practitioner will:   | The health or care practitioner will:   | The health or care practitioner will:   |
| <ul> <li>a) Maintain awareness of and<br/>work to local policies and<br/>procedures.</li> </ul>   | <ul> <li>a) Utilise an evidence-based approach<br/>to inform the practice of self and<br/>others.</li> </ul>  | a) Critically engage in local and national research activity, adhering to good research practice guidance, so that evidence-based strategies  |
| b) Utilise the findings of research to inform one's own practice.   | <ul> <li>b) Disseminate local evidence-based<br/>research findings and quality</li> </ul>   | are developed and applied to enhance quality, safety, productivity and value for money.   |
| <ul> <li>c) Demonstrate an awareness of<br/>the existence and nature of<br/>locally based research<br/>programmes.</li> </ul>   | improvement projects through<br>appropriate media and fora (e.g.<br>presentations and peer review<br>research publications).  | <ul> <li>b) Take a critical approach to identify gaps in the<br/>evidence base and its application to practice,<br/>alerting appropriate individuals and<br/>organisations to these and how they might be<br/>addressed in a safe and pragmatic way.</li> </ul>           |
| <ul> <li>d) Evaluate their own practice and<br/>participate in service and team<br/>evaluation, including audit,<br/>within their relevant work<br/>setting.</li> </ul> | <ul> <li>c) Be able to understand the totality of<br/>evidence-based research findings<br/>and apply that knowledge to work<br/>towards improving care; utilising<br/>evidence-based practice.</li> </ul> | <ul> <li>c) Actively identify potential need for further<br/>research to strengthen the evidence base. This<br/>may involve acting as an educator, leader,<br/>innovator and contributor to research and/or<br/>seeking out and applying for research funding.</li> </ul> |
| e) Contribute to the collection of robust and accurate data.  | <ul> <li>d) Participate in locally based research programmes.</li> <li>e) Evaluate and audit their own and others' clinical practice, selecting</li> </ul>  | <ul> <li>d) Develop and implement robust governance<br/>systems and systematic documentation<br/>processes, keeping the need for modifications<br/>under critical review.</li> </ul>  |
|   | and applying valid, reliable methods<br>and benchmarking, then acting on<br>the findings.   | <ul> <li>e) Disseminate local and national evidence-based<br/>findings and quality improvement projects<br/>through appropriate media and fora (e.g.</li> </ul>   |

| Tier 1 | Tier 2 (Tier 1 plus the following)  | Tier 3 (Tier 2 plus the following)  |
|--------|---|---|
|        | <ul> <li>f) Actively contribute to<br/>organisational/service improvement<br/>by monitoring progress and quality of<br/>work within their own sphere of<br/>practice/area of responsibility,<br/>collecting robust and accurate data<br/>and making suggestions which will<br/>improve the quality of care and<br/>outcomes.</li> <li>g) Comply with and facilitate evaluation<br/>and audit processes.</li> <li>h) Work in accordance with audit and<br/>quality improvement systems.</li> </ul> | <ul> <li>presentations and peer review research publications).</li> <li>f) Facilitate collaborative links between clinical practice and research through proactive engagement, networking with academic, clinical and other active researchers.</li> <li>g) Critically evaluate and audit clinical practice across organisations/services, selecting and applying valid, reliable methods, then acting on the findings aligned to strategic goals.</li> <li>h) Critically appraise and synthesise the outcome of relevant research, evaluation and audit, using the results to underpin own practice and to inform that of others.</li> <li>i) Develop quality policies and quality assurance systems for the delivery of wound care services and analyse their impact.</li> <li>j) Lead new practice and service redesign solutions in response to feedback, evaluation and need, working across boundaries and broadening their networks and sphere of influence to improve quality.</li> </ul> |

General guidance and references are shown in Appendix 2. Guidance or resources with specific relevance to this capability is shown below:

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- Health Education England (2017), Multi-Professional Framework for Advanced Clinical Practice in England: <u>https://www.hee.nhs.uk/our-work/advanced-clinical-practice</u>
- Health Education England (2020), Multi-Professional Credentials <u>https://www.hee.nhs.uk/our-work/advanced-practice/credentials</u>
- Society of Vascular Nurses (2014), Advanced Vascular Nurse Competencies: <u>http://www.svn.org.uk/wp-content/uploads/2014/12/SVN-advanced-compet-final-version.pdf</u>
- Tissue Viability Leading Change Competency Framework: <u>http://www.urgo.co.uk/387-tvlc-competency-framework</u>
- TRIEPodD-UK (2019), Capability Framework for Integrated Diabetic Lower Limb Care: <u>https://www.wounds-uk.com/resources/details/capability-</u> <u>framework-integrated-diabetic-lower-limb-care-users-guide2</u>

## Appendix 1. How the framework was developed

Development of the framework was commissioned by the National Wound Care Strategy Programme. Project management was provided by Skills for Health and Health Education England.

Preliminary desk research was undertaken to identify key references, resources and significant themes or issues for consideration (see Appendix 2). An initial iteration of the framework was developed based on the findings of the desk research.

Further development and iterations of the framework were guided by an Expert Group of representatives from a range of key stakeholder organisations (see page 2).

A wider reference group of stakeholders was also established to include a more diverse range of organisations and individuals who wished to be updated on the development of the framework and to provide comments or feedback as part of the consultation process.

## Appendix 2. References

BMJ Open (2020), Cohort study evaluating the burden of wounds to the UK's National Health Service in 2017/2018: update from 2012/2013, Guest JF, Fuller GW, Vowden P: <u>https://bmjopen.bmj.com/content/10/12/e045253</u>

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Tissue Viability Leading Change Competency Framework: <u>http://www.urgo.co.uk/387-tvlc-competency-framework</u>

TRIEPodD-UK (2019), Capability Framework for Integrated Diabetic Lower Limb Care: <u>https://www.wounds-uk.com/resources/details/capability-framework-integrated-diabetic-lower-limb-care-users-guide2</u>

# Appendix 3. Expert group membership

| Name                   | Job Title   | Organisation   |
|------------------------|---|--|
| Dame Christine Beasley | Independent Chair   |  |
| Colin Wright           | Frameworks Manager  | Skills for Health  |
| Danielle Fullwood      | Senior Nurse;<br>Professional<br>Development, National<br>Nursing and Midwifery<br>Team | Health Education England   |
| Hattie Taylor          | District Nurse Team<br>Leader   | The Queen's Nursing<br>Institute                                       |
| Hilary Wyles           | Associate Consultant  | Skills for Health  |
| Joanne Kirlew          | Nursing Associate   | Hertfordshire Community<br>NHS Trust                                   |
| Joanne Thompson        | Deputy Director of<br>Nursing   | University Hospitals<br>Birmingham NHS<br>Foundation Trust             |
| Professor Julie Green  | Chair of the District and<br>Community Nurse Forum                                      | Royal College of Nursing   |
| Kerry Button           | Nursing Associate   | Gloucestershire Health<br>and Care NHS<br>Foundation Trust             |
| Dr Leanne Atkin        | Vascular Nurse<br>Consultant  | Mid Yorkshire Hospitals<br>NHS Trust and University<br>of Huddersfield |
| Lisa Considine         | Trainee Advanced<br>Clinical Practitioner   | The Grove Medical<br>Centre  |
| Nikki Stubbs           | Independent Tissue<br>Viability Nurse<br>Consultant                                     | NCS Wound Care<br>Consulting Ltd                                       |
| Dr Paul Chadwick       | Clinical Director   | Royal College of Podiatry  |

| Name                     | Job Title  | Organisation   |
|--------------------------|--|--|
| Professor Karen Ousey    | Professor of Skin<br>Integrity,<br>Director for the Institute of<br>Skin Integrity and<br>Infection Prevention | University of Huddersfield                                 |
| Mr Richard Bull          | Consultant Dermatologist   | Homerton University<br>Hospital NHS Foundation<br>Trust    |
| Rosemary Oldale          | Senior Specialist<br>Physiotherapist   | Mid Yorkshire Hospitals<br>NHS Trust                       |
| Dr Russell Thorpe        | General Practitioner   | The Old Links Surgery                                      |
| Professor Steven Jeffrey | Burns and Plastics<br>Consultant Surgeon   | University Hospitals<br>Birmingham NHS<br>Foundation Trust |
| Tim Hickey               | Advanced Paramedic<br>Clinical Lead - Primary &<br>Urgent Care   | East of England<br>Ambulance Service NHS<br>Trust          |
| Tracy Goodwin            | Expert by Experience   |  |
| Dr Una Adderley          | Director – National<br>Wound Care Strategy<br>Programme  | Academic Health Science<br>Network                         |
| Wendy Leighton           | Project Manager for the<br>Regulated Professional<br>Workforce   | Skills for Care  |

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